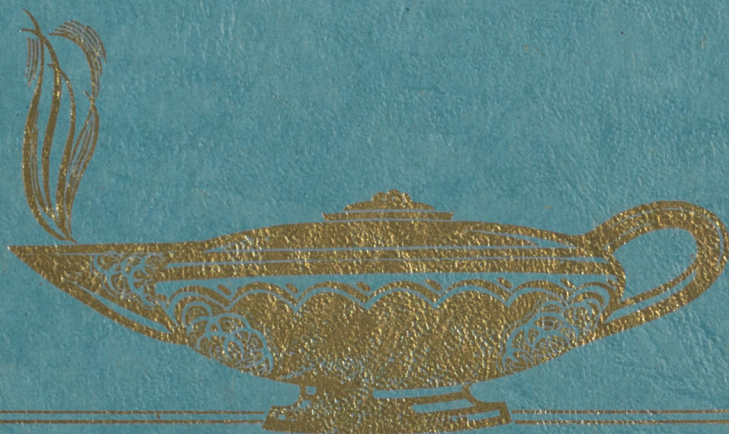


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# THE LAMP

1953









THE GRADUATING CLASS  
OF THE  
SCHOOL OF NURSING  
OF THE  
Medicine Hat General Hospital



TAKE GREAT PLEASURE IN PRESENTING  
THE FOURTEENTH EDITION OF "THE LAMP"



YEAR BOOK EXECUTIVE

Editor	.....	P. Schuler
Assistant Editor	.....	J. McKay
Secretary-Treasurer	.....	S. Packham
Advertising and Circulation Committee	.....	Students' Council

- 1953 -





## Editorial

To all who have given so freely of their time and knowledge to make our three years of training possible, our sincere thanks. I doubt if there is one student, who when passing through the school door for the last time, will not cast one longing, lingering look behind.

To those who have contributed in any way to making this the fourteenth edition of "The Lamp" possible, we say Thank you.

To the eleven "missing links" of our class, we affectionately dedicate this book.

Graduates of 1953.

### M.H.G.H. SCHOOL PIN SYMBOLIZES



LAMP—Traditional of Florence Nightingale.

CROSS—Faith.

ANCHOR—Hope.

HEART—Charity.

WREATH—Goal of achievement.







DIRECTOR OF NURSES



Congratulations and may good luck be yours  
in whatever field of nursing you choose.

MRS. M. ALEXANDER







## *Instructresses*

Miss M. Schuler  
Science Instructress.



Mrs. M. Crispin, R.N.  
Clinical Supervisor



*Left to Right—*  
Miss M. Moon  
Miss M. Schuler  
Miss W. Thorpe







MEDICINE HAT GENERAL HOSPITAL

*Nursing Staff*

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MISS M. SCHULER, R.N.	Instructress
MISS W. THORPE, R.N.	Instructress
MRS. O. PEDERSEN, R.N.	O.R. Supervisor
MISS M. SCHULER, R.N.	Head Nurse, Private Wing
MRS. K. McKAY, R.N.	Obstetrical Supervisor
MRS. L. BATTER	Head Nurse, Flat II
MRS. J. McKINLEY, R.N.	Head Nurse, Flat III
MISS M. BRUNSDEN, R.N.	Head Nurse, Children's Ward
MISS O. GILLESPIE, R.N.	Night Supervisor
MISS H. EGGER, R.N.	Assistant Night Supervisor
MISS L. GREENE, R.N.	Health Nurse
MISS F. IRELAND, R.N.	Head Nurse, Central Supply Room

MISS B. PARKHILL, R.N.  
MRS. I. RENNER, R.N.  
MRS. M. ROBERTS, R.N.  
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MRS. K. LODGE, R.N.  
MRS. J. SHABATKA, R.N.  
MRS. J. THOMPSON, R.N.  
MISS A. NEWTON, R.N.

MRS. J. LYNCH, R.N.  
MISS E. JOHNSON, R.N.  
MRS. R. FOLKINS, R.N.  
MRS. D. BEITZ, R.N.  
MRS. I. RUFF, R.N.  
MRS. J. ROBERTSON, R.N.  
MRS. R. WARNE, R.N.  
MISS I. McKAGUE, R.N.







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Dr. D. F. LEWIS,  
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## Medical Staff Executive

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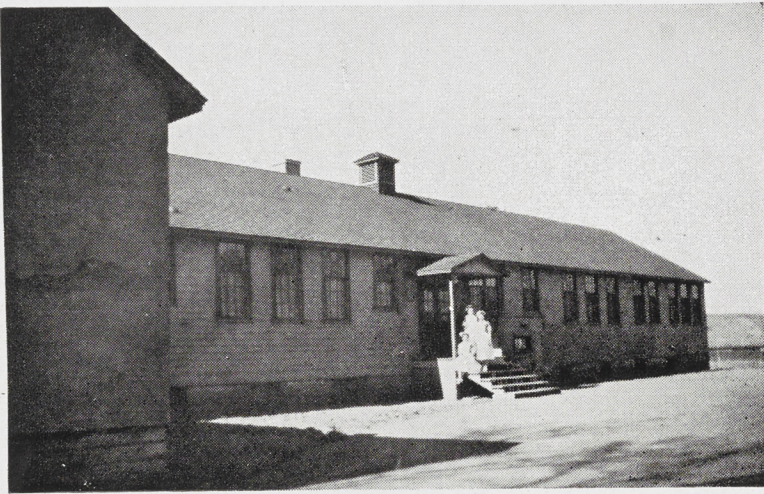
PRIVATE WING



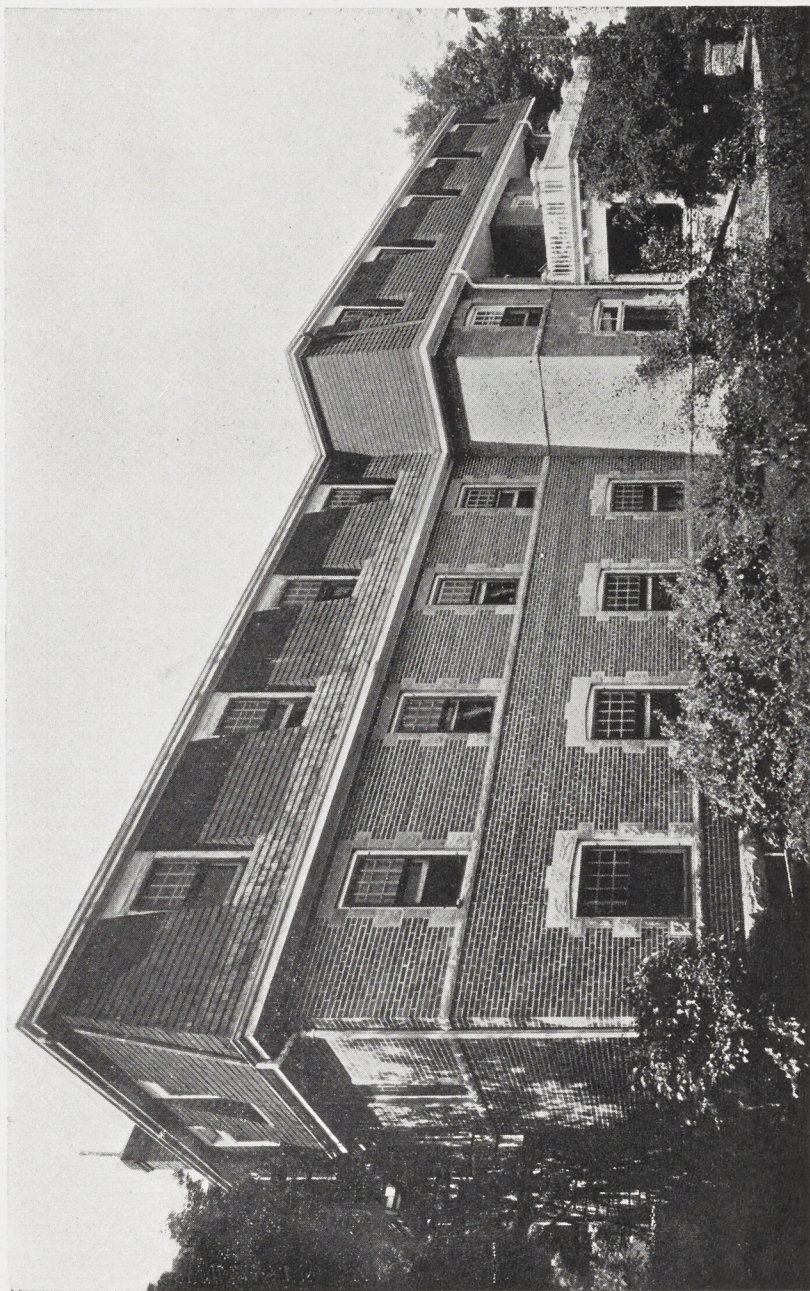




## *Maternity Hospital*







VICTORIA NURSES' RESIDENCE







A lady with a lamp shall stand  
In the great history of the land;  
A noble type of good,  
Heroic womanhood.

*Longfellow*







## The Nightingale Pledge

I SOLEMNLY pledge myself before God and in the presence of this assembly:

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession. With loyalty will endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.







## *Graduates of 1953*



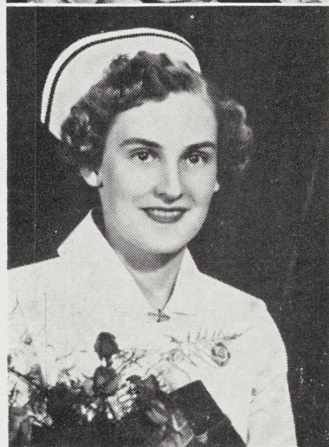
MISS JOAN BRITT  
Redcliff, Alberta.

Success lies in the little things well done.



MISS BARBARA HOPKINS  
Peace River, Alberta.

A little nonsense now and then, is relished  
by the wisest man.

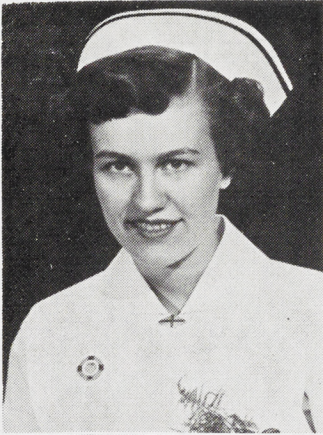


MISS VALENA CHESTER  
Fort MacLeod, Alberta.

Things well done and with a care exempt  
themselves from fear—Shakespeare.







## *Graduates of 1953*

MISS PHYLLIS SCHULER  
Hilda, Alberta.

She's one to talk, laugh and weep  
But best of all she likes to sleep



MISS ELSIE BRAUTIGAM  
Prelate, Sask.

A kind word can cheer a sad heart.



MISS JUANITA McKAY  
Redcliff, Alberta.

Work is the greatest thing in the world  
So we should save some of it for  
tomorrow.







## *Graduates of 1953*

MISS EVELYN HARDIN  
Shaunavon, Sask.

Genius is 5% inspiration,  
95% perspiration.



MISS GLENNIS ROGERS  
Bindloss, Alberta.

I stood upon the threshold for 3 years  
And backward look,  
And forward—straining my eyes.



MISS FRANCES HUTCHISON  
Medicine Hat, Alberta.

Secret thoughts to herself she would sing  
"It will all come out in the rain."







# Graduation

ORGAN PRELUDE ..... Mr. M. S. Keffer

PROCESSIONAL ..... Nurses Enter

## O C A N A D A

INVOCATION ..... Rev. H. A. Meadows

CHAIRMAN'S ADDRESS ..... Mr. H. J. McCallum

Chairman of the Board of Directors

SOLO ..... Mr. Lorne Havard

GREETINGS FROM THE MEDICAL SOCIETY ..... Dr. D. Lawrason

SOLO ..... Miss C. Toney

PRESENTATION OF PINS AND DIPLOMAS ..... Miss N. Flanagan  
Administrator

Assisted by Mrs. M. Alexander  
Director of Nursing

PRESENTATION OF AWARDS ..... His Worship Mayor Veiner

For General Proficiency  
(Awarded by the Board of Directors)

MISS JOAN BRITT ..... Redcliff, Alberta

For Obstetrical Nursing  
(Awarded by Senator F. W. Gershaw)

MISS FRANCIS HUTCHISON ..... Medicine Hat, Alberta

For Surgical Nursing  
(Awarded by Dr. D. N. MacCharles)

MISS GLENNIS ROGERS ..... Bindloss, Alberta

For Bedside Nursing  
(Awarded by the Board of Directors)

MISS VALENA CHESTER ..... Fort MacLeod, Alberta

For Student showing the greatest Professional Development  
(Awarded by "The Canadian Nurse")

MISS ELSIE BRAUTIGAM ..... Prelate, Sask.

ADDRESS ..... Rev. R. L. Taylor

NIGHTINGALE PLEDGE ..... Miss M. Schuler

Instructor of Nurses

VALEDICTORY ADDRESS ..... Miss Joan Britt

BENEDICTION ..... Rev. H. A. Meadows

GOD SAVE THE QUEEN

RECESSIONAL MARCH







## *Graduation Address by Dr. Lawrason*

As Vice-Chairman of the Medical Staff of the Medicine Hat General Hospital, I am here to bring greetings from the Medical Profession on this your day of graduation.

This is the day you set out to reach some three years ago. Many a time you wondered if it would ever be your lot to reach it. Pinch yourselves, you are here in the flesh, and as every graduate before you the butterflies are busy beneath those beautiful starched uniforms.

Graduation without butterflies and shaky knees just would not be worth while. Graduation without sage advice from the wise and prudent just could not happen. To-nite my remarks will be short and I hope sweet.

We your fellow workers have experienced many things with you in your years of training.

As physicians, we have watched you develop from shy, almost clumsy little maidens to women of excellent, sure bearing, able and willing to attempt and conquer any eventuality.

The course of true devotion to duty has not always moved smoothly but rough or smooth, up hill to heights of great satisfaction, or down dale to disappointment and remorse, you have gained immeasurably in these years of study and discipline.

To-day we live in a difficult age. It is an age of rapid change. Changes in education, social development, and science pass so close and in such rapid succession that we are apt to lose our sense of proportion. Our relationship to our fellow man many times is clouded by doubt and selfish desire. Many times we wonder what it is all about. Then only through an all compelling desire to be of service, can one keep a proper balance. Our unselfish ministrations to God's children is the true object of our profession.

Sympathy, patience, understanding are great attributes. Judgment, experience, discretion are needed in the practice of the art of nursing.

It would be interesting, members of the graduating class, to cast your horoscopes. To do it collectively would not be fair. To do it individually, that I am not capable. Nevertheless it is safe to predict certain things of you.

You will be better women for the life which you have led here. What I mean by better is that the eyes of your soul have been opened, the range of your sympathies have been widened, and your characters have been moulded by the events in which you have participated during the past three years.

For each of you there can be a busy, useful, happy life; more you cannot expect; a greater blessing the world cannot bestow.

Busy because of the great demands on your time, useful because you can care for those who need you and cannot care for themselves, happy because you are absorbed in some vocation which satisfies the soul.

And finally, let us remember that we are only useful supernumeraries in the battle of life, simple stage accessories in the drama, playing a minor but essential part.

As a representative of the Medical Staff I take great pleasure in conveying congratulations and best wishes to this the Graduating Class of 1953.

Dr. Lawrason.







# Valedictory Address

By Miss Joan Britt

Tonight the Graduating Class has reached a long awaited goal towards which we have zealously worked and studied for three years. For the first time we have the honor of wearing the traditional white of our profession, and with it assume the responsibilities of our life work.

The past three years have been full and happy ones for the class of '53. We feel that we have travelled a long way since our entry into this School of Nursing and yet as our years of training draw to a close we realize that we have much to learn if our nursing is to be successful. As we commenced our nursing career little did we realize what lay ahead if us ———hours of study, new and difficult problems to face, and unfamiliar skills to acquire. We have shared the joys and sorrows of life and death; the problems of illness and the happiness of recovery with our fellowman. Too, we remember the lifelong friends we have made and it is with much regret that soon we must leave the sheltered life of our School of Nursing.

As we look back the metamorphosis from bewildered probationer to graduate nurse is more than worth the effort required to bring about such a change.

Now I would like to take a moment to thank those who share so greatly in this our night of triumph.

To our parents without whose sacrifices and encouragement we never would have reached this long awaited goal.

To Mrs. Alexander, our Director of Nurses, and to all the Instructresses and Supervisors who have safely guided us through three years of learning.

To the Medical Staff who have given so freely of their time and knowledge.

To the Students and Staff who have made our stay here so pleasant, and so worthwhile.

To the Students who follow after us we would like to leave this thought:

When the burden grows heavy, and rough is the way,  
When you falter and slip and it isn't your day,  
When your best doesn't measure to what is required,  
When you know in your heart you are fast growing tired,  
With the odds all against you there's only one thing to do—  
Call on your courage and see the thing through. J. Britt.







## Jokes

### PLEURISY

We'll begin with a box and the plural is  
boxes.  
But the plural of ox should be oxen, not  
oxes.  
Then one fowl is a goose but two are called  
geese.  
Yet the plural of mouse should never be  
meese.  
You may find a lone mouse or a whole set  
of mice.  
Yet the plural of house is houses not hice.  
If the plural of man is always called men,  
Why should'nt the plural of pan be called  
pen?  
If I speak of a foot and you show me your  
feet,  
If one is a tooth and a whole set are  
teeth,

Why should not the plural of booth be  
called beeth?  
Then one may be that, and three would  
be those,  
Yet hat in the plural wouldn't be hose,  
And the plural of cat is cats and not cose.  
We speak of a brother and also of bre-  
thren,  
But though we say Mother, we never say  
Methren.  
Then the masculine pronouns are he, his,  
and him.  
But imagine the feminine she, shis, and  
shim.  
So English, I fancy you all will agree,  
Is the funniest language you ever did see.  
Good Housekeeping.

\* \* \*

### BLESS US ALL (Tune—Bless them all).

They say when your nursing you have a swell time  
We've heard it all before  
At six in the morning  
We crawl out of bed  
If we're late for breakfast  
Then off goes your head  
It we get in later than ten  
Then there goes our late leaves again  
Not all playing or fooling  
It's not in the schooling  
So cheer up you gals. Bless Us All.  
Bless Us All, Bless Us All  
The short, and the fat and the tall  
Bless intermediates, the craziest ones  
Bless all the probies cause they're out for fun  
Cause the seniors will say goodbye to us all  
As they leave us in the fall  
No more burnt toast or honey  
Cause they'll be in the money  
So cheer up you gals, Bless Us All.

Patsy Woodward  
Shirley Ashmore  
(Crows Nest)

\* \* \*

### RECIPE FOR A NURSE

Take one, slightly green, stir from bed at an early hour. Soak well with books and lectures, dress in blue and white. Mix with others of her kind. Grate on supervisor's nerves, toughen with scrub brush and "soda." Add liberal portions of stew and rice pudding. Season with "O.R."—"Mat"-Nights." Sweeten from time to time with lateleaves and sleep-outs. Bake in Nurse's Home at 10 p.m.—leave until 6 a.m.

Will serve any number of persons.







## Toast to the Graduates

Graduates, Mrs. Alexander, fellow students.

On behalf of all present, may I say "We are proud of you." You have travelled a long road with many turns and numerous blind corners, but you have managed your course well, and as you near the end you are examples to us, that it can be done.

I would like to "thank you" personally for myself and my fellow students. We have deeply appreciated your kindnesses and your help. We will miss you but hope that you will remember us with affection. The scissors beside your plates are a little token of our affection for you.

I give you a toast. "The Graduates, Health, Happiness and Success."

C. Rushworth.

---

## Graduation Activities

Graduation activities began by the staff and graduating class attending a delicious chicken supper at the Glass House on March 20th. Doug Goldsmith entertained us with his accordin playing and led us in a sing-song.

Sunday, May 10th, staff and students attended the Baccalaureate Service at St. Barnabas Church. Rev. Canon Carter delivered a very appropriate sermon for the service.

Thursday, May 14th, the Graduate Nurses' treated the class of "53" to a theatre party at the Monarch theatre. After the show we all enjoyed hamburgers and coffee at the Glass House.

Friday, morning, graduation breakfast was held in the dining room of the Nurses' Residence. The dining room was attractively decorated with white, blue and gold streamers. A toast to the graduating class was proposed by Miss Carol Rushworth and replied by Miss E. Hardin, followed by the honor list announced by Mrs. Alexander.

Friday afternoon a lovely tea was held by Mrs. Pattison for the graduating class and their mothers (followed by a rehearsal for the big event at Fifth Avenue Church).

Friday night found the class of "53" decked out in their "stiff" white uniforms for the first time.

After the ceremony honored guests and graduating class assembled at the Nurse's Home for a lovely lunch where everyone met everyone else.

Saturday morning the graduating class gathered at the two studios to have their pictures taken. In the afternoon the Mothers and daughters attended a tea given by the Alumnae Association. After this came the banquet at the new Assiniboia Hotel for the newly graduated class and the Alumnae Association.

To bring this wonderful exciting event to a close a formal dance was held in the ballroom of the Assiniboia Hotel. This was enjoyed by all.

Most of the weary grads ended up at F. V. Britts in Redcliff for breakfast at 7.00 a.m.

We would sincerely like to say thank you to all who so generously contributed toward making our graduation such a successful and memorable occasion.







## *A Message from the President of Alumnae Association*

Alumnae Members and Honoured Guests—

On behalf of our Alumnae Association I am very happy to-night to congratulate you, the Graduating Class of 1953. I wish for you every happiness and success for your future.

I would like to say "Welcome" to our Alumnae, of which you will soon be members.

I sincerely hope you all have a most enjoyable time to-night at this affair, held in your honor.

I am sure we will all look forward to having you with us, whenever possible, at our Annual Re-unions.

Ida Dederer.

\* \* \*

## Humor

### TEN LITTLE VITAMINS

*By Emily S. Jones*

Ten little vitamins growing on a vine  
The farmer came to gather them,  
And then there were nine.

Nine little vitamins, packed in a crate,  
Pushed and shoved and shipped to town,  
And then there were eight.

Eight little vitamins thought they were in  
heaven,  
But they stayed in the store so long,  
There were only seven.

Seven little vitamins, in an awful fix,  
Until someone bought and took them  
home—  
Then there were six.

Six little vitamins now left alive,  
Kept in the ice box,  
Until there were five.

Five little vitamins cooked more and more,  
Boiled and boiled and boiled,  
Until there were four.

Four little vitamins, so weak they scarcely  
see,  
Kept thirty minutes on the stove—  
Then there were three.

Three little vitamins, feeling very blue,  
They were heated up again,  
Then there were two.

Two little vitamins, at last the cooking's  
done,  
When they reach the dining room.  
There is only one.

One little vitamin, so scared he starts to  
run,  
When the meal was eaten,  
Vitamins were there none.







# Student's Nurses Association Executive

## 1952-53

President \_\_\_\_\_ E. Hardin  
Vice-President \_\_\_\_\_ J. Britt  
Secretary-Treasurer \_\_\_\_\_ S. Packham

### Student's Council Activities

September 12, we started our school year off, by saying good bye to the Graduates of 52 at a weiner roast held at Lion's Park.

October found us busy with plans for our annual tea which was held at the Nurses Residence on October 25. The Residence was decorated for Halloween and the Halloween theme was carried out also at our party on October 31, which was our welcome to the class of 52.

November 18, a skating party was enjoyed by all, and followed by doughnuts and coffee in the snake room.

A Theatre party was our entertainment for December, and of course our annual Christmas Banquet and Formal Dance on December 18, brought the festive season to a highlight.

January we had another skating party and a bowling party was on the agenda for February.

A sleigh ride was chosen for March but lack of snow kept us home to the entertaining tune of a whist drive. Rain, this time kept us from the scheduled weiner roast in April; but a Theatre party was enjoyed by all. June the weather was at last in our favor and a fun packed weiner roast was held at Lion's Park on June 15.

Miss Schuler—"What is pyelitis."

Miss Fleming—"Inflammation of the piles."

(Little did she know that it had anything to do with the kidney).

\* \* \*

In a recent anatomy exam Miss Pyrch and Miss Littke had their mediastinums riding high. Both managed to place it in the middle of the face instead of in the middle of the chest.

\* \* \*

Overheard at the graduation formal—

"What an evening gown Miss Rogers has! You can't tell whether she's trying to get into it or out of it."

\* \* \*

Maternity—

Miss Hopkins first day at maternity—"Is she bad, Miss Loyd "

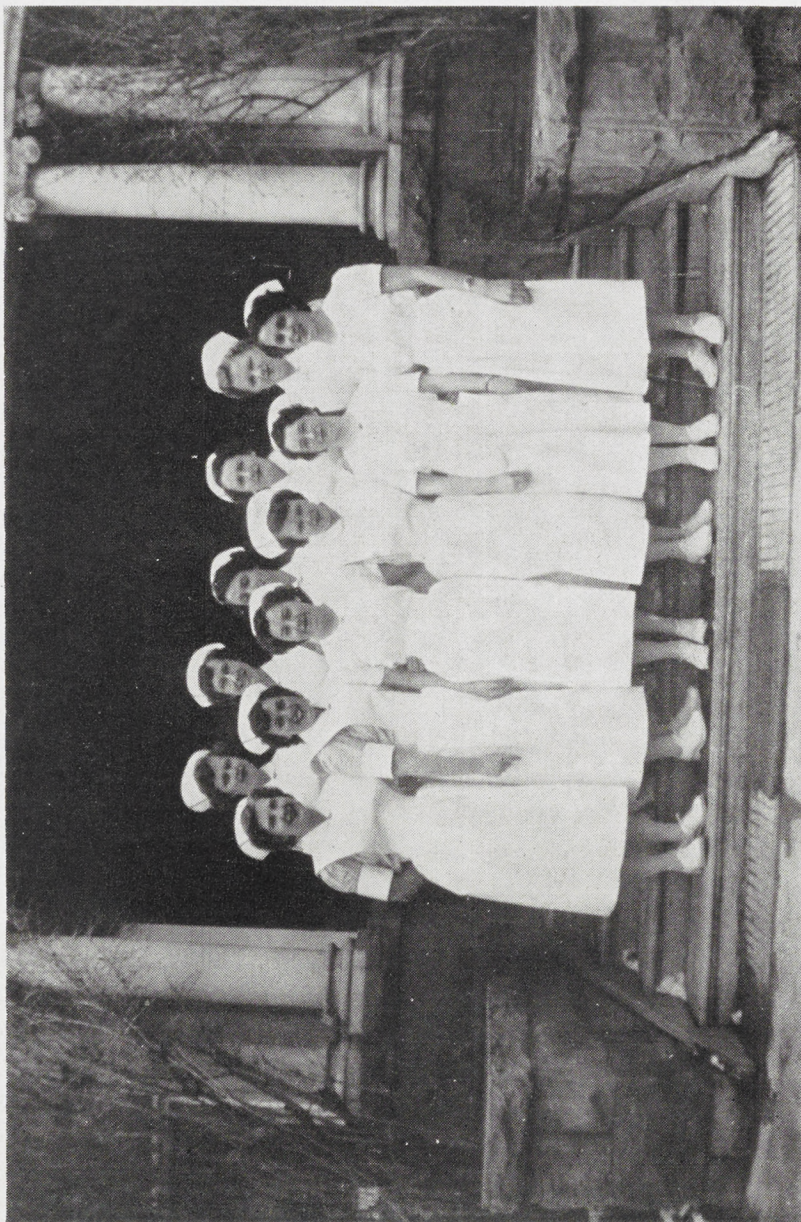
Miss Hardins first day—"Is there many chronics here "

Hutch day after getting ring. "Rogers, you should get your mantaux."





# Class of 1954



Back Row	Svea Cederberg	Betty Ann Jorgenson	Joan Jenkins
	Mildred Vasselín	June Rebne	
Front Row	Carol Rushworth	Cordelia Toney	Shirley Packham
	Jacqueline Lee	Elizabeth Parkinson	June Jenkins



# Class of 1954

SVEA CEDERBERG—Lethbridge, Alta.

Svea, our Lethbridge gal  
Is smitten with a guy named Dal,  
Letters of forty-five paged romance  
Leave her little time to square dance.

JOAN JENKINS—Pashley, Alta.

Joan, our curly headed twin  
A mountie is hoping to win,  
Although she likes to sew  
She still has time for her radio.

JUNE JENKINS—Pashley, Alta.

June our other good looking twin  
Every morning has a habit of sleeping in,  
A U of A Student, her latest fling,  
And so she says—has everything!

B. A. JORGENSEN—Makepeace, Alta.

Jorgy our fat free mate,  
Whose diet is her only fate,  
To go to church she'd never fail  
And to mission fields she hopes to sail.

JACQUELINE LEE—Abbey, Sask.

A cute little lass is our Lee  
Who in charming men finds glee  
All the hearts she has broken in two  
Would stretch from Abbey to Tim-buck-two.

E. PARKINSON, Exshaw, Alta.

Parkinson, the bookworm in our clan  
Who sleeps more than anyone else can  
The snake room she does enjoy  
A bull dog is her favorite boy.

SHIRLEY PACKHAM—Pincher Creek, Alta.

Packham with her boisterous laugh  
Doesn't like a man with a mustache  
Her piano and singing are strictly "B" class  
But her love of kids you'll never surpass.

CAROL RUSHWORTH—Gull Lake, Sask.

Carol, whose big interest is "Hall"  
Has trouble with late leaves—Oh, not at all!  
She likes the snake room, love books and jazz  
And the final word she always has.

JUNE REBNE—Brooks, Alta.

Rebne our blonde little lass  
Who on the piano really has class  
Although from a small town, Brooks,  
Her experiences would fill many books.

CORALEA TONEY—Gull Lake, Sask.

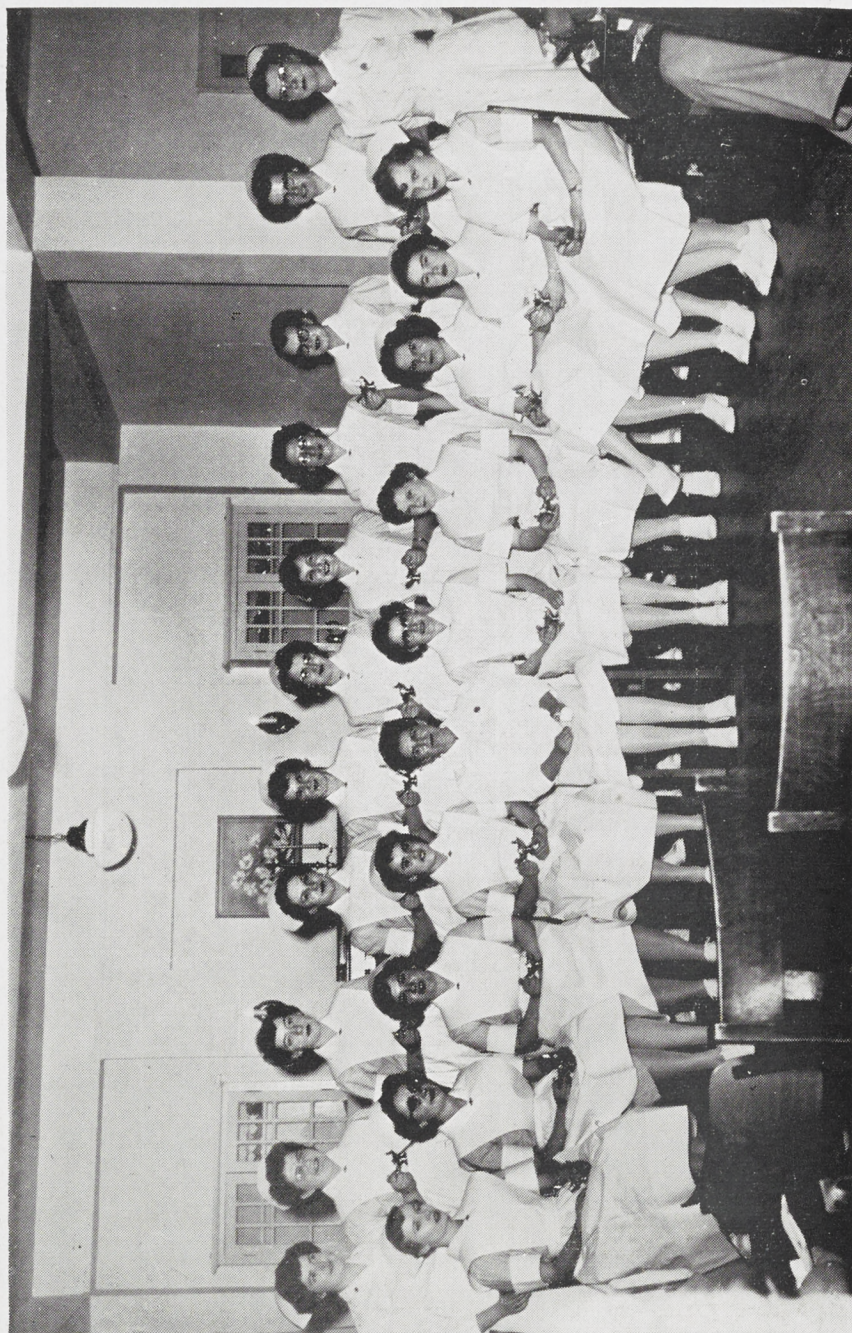
Toney, the gal with the voice in our crowd  
At six a.m. it is extremely loud  
In drama she also excels.  
But her ambition is to own oilwells.

MILDRED VASSELIN—Bow Island, Alta.

There is a slim gal named Mil  
Who finds it hard to be still,  
For Bow Island she has a yen  
And prefers her knitting to men.



# Class of 1955



Back Row—Left to Right—Miss W. Thorpe (Instructress), Alice Ofrim, Delva Russell, Bessie Moffatt, Joy Buck, Betty Burwell, Dorothy Nelson, Dorothy Schafer, Elaine Taskey, Riviera Neske, Miss M. Schuler, (Instructress).  
 Front—Row—Left to Right—Lorraine Klaibert, Mavis MacLachlin, Patricia Woodward, Katherine Brittner, Mrs. M. Alexander (Director of Nurses), Sylvia Horton, Helen Higdon, Grace Ormiston, Shirley Ashmore, Veima Lesson.



## Class of 1955

DOROTHY SCHAFER—Rush Lake, Sask.

Dorothy Schafer is from Rush Lake  
There is no test that she can't make  
Her wit and wisdom in the end  
Has made for Dot, many a friend.

LORRAINE KLAIBERT—Maple Creek, Sask.

Klaibert who is so tiny and small  
Never frets or worries at all  
We call her "Speed" because we know  
At 6.30 in the morning she isn't slow.

ALICE OFRIM—Camrose, Alta.

The one who makes our life worth while,  
Is Ofrim, with her cheery smile  
If our hair needs a curl  
We call on Ofrim—she's our girl.

BESSIE MOFFATT—Fairview, Alta.

Fairview's present to us was "Bea"  
That she's pleasant is plain to see  
Flat 2 she'll remember by draw sheets galore  
But give her a choice, she'll choose second  
floor.

REVIERA NESKE—Camrose, Alta.

Neske from Camrose, who is our pianist,  
Is in our class no longer the leanest,  
With a cheery smile and never a frown  
She'll never let bedpans get her down.

SHIRLEY ASHMORE—Hillcrest, Alta.

Shirley Ashmore from "The Pass"  
Is one of the favorites in our class,  
With her big heart and cheery smile  
We're sure she'll make a nurse worthwhile.

JOY BUCK—Gull Lake, Sask.

Buck is the lass who hails from Gull Lake  
Pet peeve is thermometers—when they break,  
Joy's pastime is blind dates if her late leaves  
hold out,  
Some good man will get her, we all have  
no doubt.

BETTY BURWELL—Cowley, Alta.

Burwell from Cowley hails  
She's come to join we Nightingales,  
With crochet hooks and movie books  
She'll make some man a very good cook.

MAVIS MacLACHLIN—Coutts, Alta.

MacLachlan with her hair of brown,  
Never lets a good friend down,  
If ever you're without a date,  
Let Mavis know before too late.

HELEN HIGDON—Drumheller, Alta.

Helen Higdon from Drumheller way  
Likes jeans or strides on any day,  
Parcels from home with lots to eat,  
Makes her room the chief place to meet.

DOROTHY NELSON—Irvine, Alta.

From distant Irvine Nelson comes,  
It's an honor indeed to be one of her chums,  
With manner that's courteous, quiet and bright  
She does her work with all her might.

PATRICIA WOODWARD—Bellevue, Alta.

Woodward the girl who hails from "the Pass"  
Says "she's the most important in our class"  
When our spirits are low and in darkness  
we lure,  
Potts is the doctor whose humor will cure.

ELAINE TASKEY—Regina, Sask.

Taskey from Regina, tall and blonde  
Of whom we have grown to be very fond,  
When she wakes up during the night  
Shrimps and crackers are her delight.

DELVA RUSSELL—Taber, Alta.

Delva the girl with dancing brown eyes  
Every month to Taber flies  
The D.K. is not her favorite spot,  
Unfortunately that's where she first got  
caught.

VELMA LESSON—Lethbridge, Alta.

Velma Lesson from Lethbridge hails,  
And in her classes never fails  
Blonde is her hair and blue are her eyes,  
At four in the morning to study she'll rise.

GRACE ORMISTON—Consul, Sask.

Ormiston our little Saskatchewan tot,  
Makes the Tuck Shop her favorite spot,  
Her giggle can be heard down the hall  
Not even for night nurses will it stall.

SYLVIA HORTON—Mirror, Alta.

Horton who comes from Mirror way,  
Cracks her gum both night and day,  
Had an appendectomy but didn't care  
Made it to capping in a wheel chair.

KATHERINE BRITTNER—Medicine Hat, Alta.

Brittner from Medicine Hat does come  
Says "Horton don't crack that gum,"  
Happy go lucky all the time  
Never worries when she's got a dime.



Class of 1956



Left to Right—Lydia Littke   Kay Pyrch   Jennifer Kwapisz   Leona Fleming





## Class of 1956

LEONA FLEMING—Maple Creek, Sask.

Maple Creek is her home  
Her past time is the phone,  
A health nurse she wants to be  
And far away places see.

LYDIA LITTKE—Namaka, Alta.

The Swiss Alps she'll climb  
In a Morris so fine  
Her smile will never fail  
When she gets E.R.'s mail.

KAY PYRCH—Camrose, Alta.

Kay is short and full of pep  
And always keeps our class in step  
On week-ends she would love to go  
Back home to see her handsome beau.

JENNIFER KWAPISZ—Camrose, Alta.

Our ex-stenographer is she  
But a nurse she's going to be  
A Hudson is her favorite car  
But it's owner is a bit too far.

\* \* \*

### *Did you Ever?*

1. See Miss Fleming and Miss Kwapisz get up at 6.20 a.m. ask them at what rate they get dressed.
2. See the Probies get to the classroom on time.
3. See it fail, that when it was snowing or raining, it was Miss Pyrch and Miss Littke who had to get the mail.
4. See Miss Fleming have a pencil when she needed it?
5. See or hear of the blind dates some of the girls get. Wow! You should hear about them. Pretty hot stuff. Ask Jen and Leona.

\* \* \*

### *My Cap*

No it's not the latest creation.  
Of fur and velvet and lace,  
Or what the millinery trend will be,  
On or off the face.  
It has no silver braid or bars  
Like the service women's show.  
No private will ever salute it,  
No royalty will ever give it bows.  
But it's a dream in white, my dear.  
You'll think it's too divine!  
I think the world of this new cap—  
Because—you see—it's mine.  
The cost you say? You'll never guess—  
For it was rather dear—  
Work and study and proving my worth  
In only half a year.  
Though other fashions come and go.  
This will always be at it's height,  
It will always bring that thrill of pride  
That I have tonight.

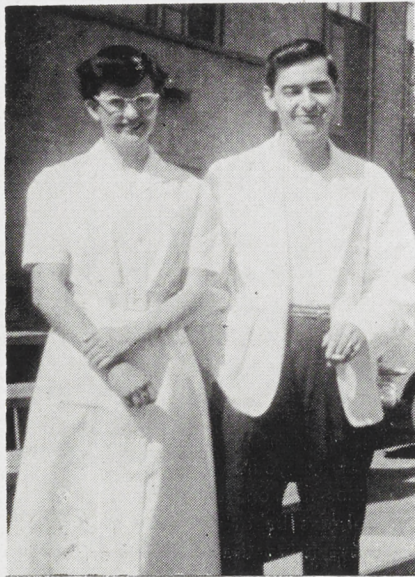




## Our Doctors



Dr. W. C. Campbell, Dr. D. N. MacCharles, Dr. D. C. Metcalfe, Senator F. W. Gershaw,  
 Dr. S. F. McEwen, Dr. H. C. Dixon, Dr. G. G. Elder, Dr. E. G. F. Skinner,  
 Dr. D. F. Lewis, Dr. D. Lawrason, Dr. L. Lewis,  
 Dr. M. Davis, Dr. B. C. Armstrong, Dr. E. D. MacCharles.



*Our Internes*

Left to Right—

Dr. M. Trotter

Dr. J. Fumerton



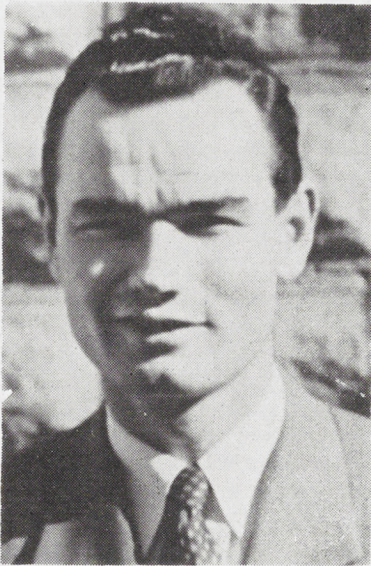
## Our Doctors



Dr. L. A. Rook



Dr. H. F. McKenzie



Dr. J. M. Cowan



Dr. J. H. Dixon

### Operating Room

Death stood in that place, and at his shoulder.

Death with triumph written in his face.  
The impressive flesh, indigent colder,  
Took the sharp steel with an unknowing grace.

One thing lived in that room—the flame  
that burned

In the surgeon's eyes—and one thing more  
—the skill

Mastered in the hand that deftly turned  
The blade to conquer fear and do his will.

The frail breath measured time there for  
us all,

Almost less than sound, less than a word  
Suddenly the surgeon stood up tall;

His indrawn sigh the only speech we heard.  
There were five of us there; then only four,  
As Death, the vanquished shuffled out the  
door.

Eleanor Alleta Chaffee

Page Twenty-nine





## AFFILIATION AT PROVINCIAL MENTAL HOSPITAL, PONOKA

In the last year we have established affiliation with the Provincial Mental Hospital at Ponoka.

We spend two months of our three years in training, living with the mentally ill. Many of these patients appear very normal while others are extremely unbalanced.

During our stay at P.M.H. we work on the Female Infirmary, which is where the physical ill as well as mentally ill patients are placed, the Chronic Female Wards and the Admitting Wards of both the female and male patients.

We also take part in some of the Occupational Therapy done by the mentally ill. There is a large Occupational Therapy building where the patients can sew, knit, weave, or even do carpenter work or woodwork. Many of the finished work is put up for sale.

A great number of patients are able to assist with the running of the hospital. Some work in the laundry, others in the kitchen, as cleaning maids, and still others run the farm.

The students who have had the opportunity of going to P.M.H. would like to thank those who made our affiliation possible and also those at P.M.H. who made our stay so enjoyable.

\* \* \*

## TO A NURSE

Her life is one of freely giving  
Far beyond her weekly pay.  
Constantly she helps the living  
While about her work each day.

Old and young have known the feeling  
Of her tender, soothing hand;  
Heard her voice impelling healing,  
And they'd make a firmer stand.

She's not bound by any color,  
As her life grows richer, fuller,  
She's not bound by any creed;  
Answering another's need.

Day by day she aids and teaches,  
Ministers unto and cheers.  
Far and wide her service reaches  
Quelling many rising fears.

She is patient, firm, soft spoken,  
Smiling, sympathetic, true.  
Willing heart a living token  
Of her interest in you.

She's a source of inspiration,  
Thus our voices we should raise  
Lauding one whose occupation's  
So deserving of our praise.

Luella Tripp.







## MISS WALLACE

Instructress at the Central Alberta Sanatorium, Calgary.



\* \* \*

## AFFILIATION AT THE CENTRAL ALBERTA SANATORIUM

During our three years as a nurse intraining, we spend two months at the Central Alberta Sanatorium, which is about ten miles from Calgary. Together with the two students from Medicine Hat, there are two such students from the Holy Cross Hospital, Calgary, the Archer Memorial Hospital, Lamont, and the Galt Hospital, Lethbridge.

While at C.A.S. the students work in the different Infirmaries from the admitting wards to the discharge Pavilions and they observe the patient from the time he is admitted until he is well enough to be discharged or to take on some part-time work at the Sanatorium.

Also we see the many different types of work done by these patients. Men and women both work at knitting, sewing and embroidering. There is also a large occupational Therapy building where the men can do woodwork, play cards or other mild forms of exercise.

There is an enjoyable social life for the staff which includes badminton, tennis, volley ball, ping pong, dancing, swimming, skating, and weiner roasts.

The students from Medicine Hat who went to the Sanatorium would like to thank those who made our affiliation possible and also those at C.A.S. who made our stay so enjoyable.







## *Supervisors*

Miss L. Greene, R.N.—Health Nurse.



### *Maternity—*

Mrs. D. Beitz, R.N. (Assistant Supervisor).  
Mrs. K. McKay, R.N. (Supervisor).



Miss H. Egger, R.N. (Asst. Night Supervisor.)  
Miss O. Gillespie, R.N. (Night Supervisor.)







## *Supervisors*



### *Children's Ward—*

*Left to Right—*

Miss Newton, R.N.

Mrs. J. Thompson, R.N.

Miss M. Brunsdon, R.N. (Head Nurse)



*Left to Right—*

Miss F. Ireland, R.N. (Central Supply Room).

Mrs. F. Fallis, Dietitian.

Mrs. R. Hughes, Laboratory Technician.

Mrs. E. M. Carson. Pharmacy.



### *Graduates at Private Wing—*

*Left to Right—*

Mrs. J. Shabatka.

Mrs. K. Lodge.

Mrs. J. Robertson.







Operating Room—Left to Right—  
Miss E. Johnson, R.N.  
Mrs. O. Pedersen, R.N., Supervisor  
Mrs. R. Folkins, R.N.



Flat III—Left to Right—  
Miss I. McKague, R.N. (Assistant Head Nurse).  
Mrs. J. Lynch, R.N.  
Mrs. J. McKinley, R.N. (Head Nurse).  
Miss B. Parkhill, R.N.



Left to Right—Flat II  
Mrs. L. Batter, (Head Nurse)  
Mrs. I. Renner, (Assistant Head Nurse).  
Miss E. Brautigam.  
Jock Stewart.  
Alfred Sturm.  
Mrs. Roberts.







Mrs. Yuill, Sewing Room.  
Mrs. Croissant, Housekeeper.  
Mrs. Church, Sewing Room.  
Mrs. Weighell, Linen Room.



Our house mothers.  
Mrs. La Fountain,  
Mrs. Mattson



Our two Orderlies.  
Alfred Sturm.  
Jock Stewart.



RON BELCHER,  
Manager of the Tuck Shop—C.N.I.B





## Capping

Friday evening, parents, friends and the nursing staff of the General Hospital gathered in the Nurses' Residence at 8 o'clock to witness the "capping" exercises of 18 student nurses.

The impressive ceremony began with the girls lighting candles from one held by an intermediate and senior nurse. The candles were miniature Florence Nightingale lamps, the symbol of Nursing Service, which has been handed down through the years. Each girl was then presented with her cap by Miss Schuler and Miss Thorpe, "instructresses." Mrs. Alexander, nursing Director, then pinned on the class pin.

Following this Miss Nora Rowe, supervisor of public welfare, spoke briefly and the Jeanne Monce pledge was repeated after Miss Thorpe by the "capping" class. The students were welcomed into the nursing association by Miss Evelyn Hardin, president of the Student Nurses. A solo "My Task" was sung by Miss Toney, accompanied by Mrs. Ross McKay. Rev. H. Meadows pronounced the benediction.

To bring the evening to a close, delicious lunch which had been prepared by Mrs. Fallis, dietitian, was served. Mrs. Carson, pharmacist and Miss Greene, Health Supervisor, presided at the urns, while senior and intermediate nurses acted as serviteurs.

The New Juniors are now anticipating the great day, on October 18, 1953, when they will get their yellow band and become intermediates.

\* \* \*



Left to right—Miss W. Thorpe, R.N., Miss D. Russell, Mrs. M. Alexander, (Director of Nurses), Miss R. Neske, Miss M. Schuler, R.N.







## Our Office Staff



Back Row—Mrs. Marr, Miss A. Marietta, Mr. Larry Townsend, Miss Martha Eichle,  
Mr. Gordon Smith.  
Front Row—Mrs. P. Gowland, Miss Betty Sheuerman, Mrs. I. Martin,  
Miss Sheila Anderson.

\* \* \*

## R, Chuckles

### The Little Charmer on Flat III

The nurse's were charting  
At the hushed hour of two.  
I summoned a pan  
To see me through;  
Like magic it slipped  
And crashed with a bang  
That echoed away with a horrible clang.  
And we laughed to tears  
When we both knew—  
That darned old hopper  
Had gone in my shoe.

313 Patient Anonymous

### A Probies Tribute

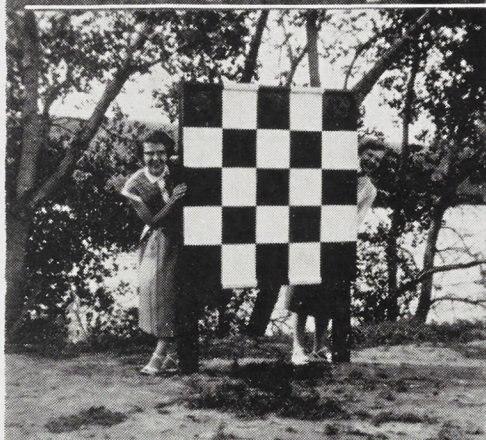
A senior stood on the railroad track,  
The train was coming fast;  
The train stepped off the railroad track,  
To let the senior pass.







## Candid



1. Our Instructresses.
2. Stop!
3. Affiliates at C.A.S.

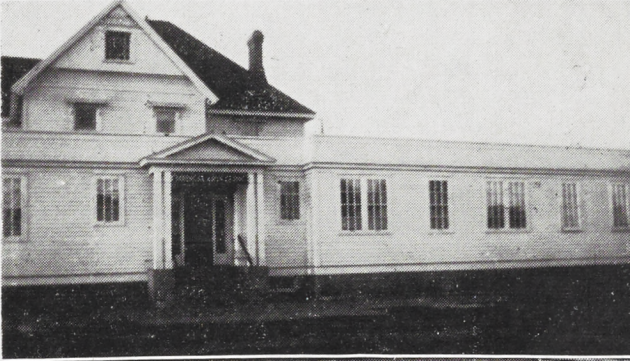
4. Crows Nest Pass.
5. New uniforms girls?
6. Won't move?







## Candid



1. Medical Arts Clinic.
2. Class of '55.
3. Children's Ward.

4. Three of our juniors.
5. Smile pretty.
6. Class of 1956.







## Candid



1. Pretty capes.
2. Nice Building!
3. Infirmary Six at C.A.S.

4. New Graduates.
5. Graduates of 1953 at Dance.





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Page Forty-four

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## *Host to Most in Medicine Hat*

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Miss Moffatt after a late leave was sitting in class one day half asleep when Miss Thorpe said—"Board Miss Moffatt, Board."

Miss Moffatt—"Yes, very."

Taskey—"If Mrs. Alexander doesn't take back what she said to me I'm going to leave."

Woodward—"What did she say?"

Taskey—"She told me to leave."

Some tortures are physical and some are mental,  
But one that's both is dental.

Breakfast foods grow odder and odder;  
It's a wise child that knows it's fodder.

---

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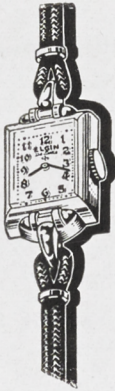
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and help, without you "The Lamp" might  
have flickered.









